



Notes:

- Numbers represent the speeds and NOT the syllables.
 - ❖ 1 = 1st speed
 - ❖ 2 = 2nd speed
 - ❖ 3 = 3rd speed
- Brackets () represent Kārvais.

Chathurasra Jāthi Triputa Tāla/ Ādi Tāla Exercises:

Exercise 1:

1	3	3	2
2	3	3	1
3	3	1	2
1	2	3	3

Exercise 2:

1	3	3	2
3	3	1	2
2	3	3	1
1	2	3	3



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Exercise 3:

3	3	2	1
1	3	3	2
2	3	3	1
2	1	3	3



Exercise 4:

2	1	3	3
2	3	3	1
1	3	3	2
1	2	3	3

Exercise 5:

2	3	3	1
1	2	3	3
2	1	3	3
2	3	3	1

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